



3rd May 2023

Dear Parent/Carer,

YEAR 10 DUKE OF EDINBURGH AWARD SILVER EXPEDITION INFORMATION

This letter contains all the important dates, times and locations involved in the expedition section of the award. Please make sure you read and make a note of all the information, if you have any questions the best way to get in touch with me is through email cwa@sslp.uk

Year 10 Silver DofE Dates:

- 30th June 2023 - First aid training and Map skills – this will take place in school 9.00am - 3.00pm, please note this is an INSET day so students will need transport if they catch the school bus, students can wear own clothes but please make sure trousers or leggings are worn for the first aid part of the training. Please bring your own lunch.
- 10th July 2023 - 12th July 2023 – Practice Expedition (Long Mynd, details on next page)
- 17th July 2023 - 19th July 2023 – Qualifying Expedition (Llangollen, details on next page)
- 20th July 2023 - Kit back, edofe and presentation (at school 9.00am-11.00am)

The pickup time might fluctuate due to the nature of the activity, slow walkers and any first aid incidents but we expect it to be around 1.00pm-2.00pm. Please see final page for details of the above, locations, times and frequently asked questions and kit list. Please note that **parents will need to arrange transport** to and from expeditions.

Please can you complete the forms via the google forms link below giving consent for your child to attend and informing us of any medical information <https://forms.gle/AXCNC6CziF9iDSmh9> .

This link will be sent via an Edulink message as well. **This form needs to be completed before 9th June 2023.**

If there is any more information you need, or you would like to talk to me to discuss anything, please do not hesitate to contact me on cwa@sslp.uk (please leave a number) or please call the school on 01902 907560.

Looking forward to an exciting expedition season and let's hope for good weather.

Yours faithfully,

Mrs Ward

Mrs Ward

Duke of Edinburgh Award Co-ordinator and Physical Education Teacher

Expedition Information

Friday 30th June 2023 - 2hr First aid training and route card planning, Kit issued out for expedition. This will take place in school 9.00am-3.00pm, please note this is an INSET day so students will need transport if they catch the school bus, students can wear own clothes but please make sure trousers or leggings are worn for the first aid part of the training. Please bring your own lunch.

Practice Silver Expedition (Long Mynd) 10th July 2023 - 12th July 2023

All groups will start and end from the same place please see start times for your walking group below. **YOU WILL NEED EVERYTHING ON THE KIT LIST PLEASE MAKE SURE YOU DO!** No part of the tent or cooker is allowed to be on the outside of your bag it must be inside, see Moodle dofe page on how to pack your bag.

Please look at the table below for start times:

Group No	Time
Group 1	9.00am
Group 2	9.15am
Group 3	9.30am
Group 4	9.45am
Group 5	10.00am
Group 6	10.15am

PLEASE NOTE: If one person in your group does the following you might need to wait till the last group to go:

- Arrives late
- Arrives with the tent on the outside of the bag (repack needed)
- Does not have their sleeping bag in a waterproof bag (repack)
- Does not have their clothes in a waterproof bag (repack)

START – Craven Arms Rail Station, Station Crescent, Shrewsbury Road, Craven Arms, Shropshire SY7 9PY
FINISH – The Bog Vistors centre, The Bog, Stiperstones, SY5 0NG

CAMPING DAY 1 – Hamperley Camping, Marshbrook, Church Streeton SY6 6PT

CAMPING DAY 2 – Bridges youth hostel Ratlinghope, Shrewsbury SY5 0SP

Qualifying Expedition (Llangollen) 17th July - 19th July 2023

All groups will start and end from the same place please see start times below. **YOU WILL NEED EVERYTHING ON THE KIT LIST PLEASE MAKE SURE YOU DO!** No part of the tent or cooker is allowed to be on the outside of your bag it must be inside, see Moodle dofe page on how to pack your bag

Group No	Time
Group 1	9.00am
Group 2	9.15am
Group 3	9.30am
Group 4	9.45am
Group 5	10.00am
Group 6	10.15am

PLEASE NOTE: If one person in your group does the following you might need to wait till the last group to go:

- Arrives late
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- Does not have their sleeping bag in a waterproof bag (repack)
- Does not have their clothes in a waterproof bag (repack)

Drop Off Point

Car park at Ponderosa Horseshoe Pass cafe, Llangollen, LL20 8DR (there is parking on the side of the road if the café car park is closed, look out for staff and please be careful of the road)

Campsite Day One - Llyn Rhys Campsite, Denbighshire, Wrexham, LL11 3AF

Collection Point

Llangollen, Pontcycyllte aqueduct **Overflow/additional** car park, Wrexham LL14 3SG (this post code will get you in the vicinity of the car park but on the wrong side of the road, the car park is the opposite side of the cross roads)

Friday 20th July 2023 (In school 9.00am-11.00am) - Kit handed back (CLEAN AND DRY), eDofE check and DofE presentation (Please note - presentations will be in students walking groups to one member of staff and not a whole class presentation).

Frequently Asked Questions

What does the programme entail?

The participants will walk planned routes, cook and camp. The training day will enable candidates to have skills and techniques covered to ensure that they are ready for their qualifier expedition. Staff will be walking and training the groups on this day on Navigation, what you need in your bag, how to pack your bag, what food to take, camp craft (tents and Trangia cooking) and emergency procedures. During the practice and qualifying expedition students will be walking the route entirely on their own and staff will supervise from a distance and meet groups at designated check points. They will be walking in groups of between four and seven. They will be carrying all of their own equipment, camping and cooking meals on gas/Trangia stoves. Staff will be camping on the same site. Students can pick their own walking groups to an extent. Once these are organised each student will know the number of their group for drop off times.

Why has it been organised that parents/carers drop off and pick up?

As explained on enrolment parents are responsible for transporting students to the start point and collecting them on completion. This is due to the nature of the expedition and staff needing cars to get to check points, get to remote locations as quickly as possible as well as different start times. It is imperative to arrive at your start time on time to allow your group to get organised and start the navigation process. If students are late this will affect your group start time and you will have to wait till the end. All students can arrive at the beginning start time and be left with staff even though their start time is later. The pickup time might fluctuate due to the nature of the activity, slow walkers and any first aid incidents but we expect it to be around 13.00-14.00pm.

Can I give a lift to another student?

If you choose to give a lift to a young person you are not legally responsible for you are advised to check your car insurance policy.

What kit will the participant need?

You will need to ensure that your child has all their own personal kit on the list below as well as group kit which is shared between their group. They need to have all these items no matter what the weather so they are prepared for any situation (this is part of a requirement from the DofE award). Please remember when purchasing any equipment to explain to the cashier it is for DofE as most outdoor retailers will give a 10% discount. Kit list on next page.

Please remember you have a DofE discount card you can download on eDofE which should give you discounts off any purchases in most outdoor retail shops

Group kit	Personal Kit
(Split between the walking group) <i>Tent (School will provide)</i> <i>Trangia (School will provide)</i> <i>Maps (School will provide)</i> Compass (minimum 2 per group please decide which students will be purchasing them) Matches in waterproof bag Suntan lotion Bug spray (silver and gold mainly) Camera which is NOT A PHONE (1 per group) Small bottle of washing up liquid At least 1 mobile phone per group which is sealed in a bag and only used in emergency situations.	Appropriate walking clothes, walking trousers, walking socks, underwear, sports tops, fleeces. Please note: No jeans, breathable tops NOT COTTON ONES, fleeces NOT HOODIES Wear one full set of clothes and at least one full set in their bag, shorts are optional. Walking boots (not trainers, ankle support needed) Waterproof jacket Waterproof trousers 65 litre rucksack with waist belt Food and water (ESSENTIAL at least 2 litres capacity on you) for the day and then refill at campsite. Water bottle with large lids are better to fill up Torch Personal First aid kit Sealed emergency food (your child will know about this after their training) Sleeping bag (ideally 3 seasons or more) Roll matt Cup and plate, fork, knife, and spoon (or spork) Any medication inhalers etc Pen and paper

Please note that participants need to be responsible for their own personal belongings. Therefore, it is suggested that people are sensible with items that are brought with them. It is suggested that expensive items e.g. i-Pads, laptops and expensive phones should not be taken and in any event will be the participants' responsibility.

Can I borrow any school equipment?

Yes you can hire all the identified (SCHOOL WILL PROVIDE) items on the school list above. Any hired equipment will need to be returned clean and dry the day after your qualifying expedition. It is vital that this is done. Please remember that any damaged kit will be investigated with a possible charge given to an individual or group. Failure to pay this may affect you successfully completing the award.

Why do we need to know of any medical information prior to the morning of the trip?

Advance warning is needed of any participants with special medical or other needs to ensure all health and safety considerations have been made. Parents must advise of any relevant medical or other needs on the visit consent form. No participant may join the visit unless this form has been received. If a medical condition should arise after the consent form has been handed in, please let the school know ASAP.

What happens if a student misbehaves during the expedition?

Participants attending this visit will need to have a record of good behaviour and demonstrate that they can obey safety and other rules. Anyone whose behaviour becomes unacceptable after the trip has been booked may be excluded or required to return home early and any expenses incurred will be the responsibility of their parents.

What if I need to get in contact with my child during the trip?

If during the visit an **emergency** arises and you need to contact the staff, please contact the school number on 01902 907560 if out of hours please send an edulink message to Mrs Ward.

Which staff will be attending?

In addition to the visit leader and a couple of school staff we will also be accompanied by freelance outdoor pursuit instructors Robin Cramps, Oliver Bonfield-Jones and Andy Richthofen.